

Volunteer Work: why people help others

Unpaid help teaches kindness, responsibility,
and teamwork.

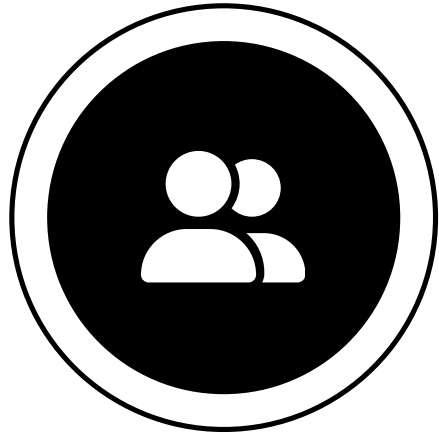


What volunteer work means

Volunteer work is unpaid help given by choice to people, animals, or nature. The word volunteer means acting willingly. In English, we say voluntary work, help the community, or take part in a charity project.

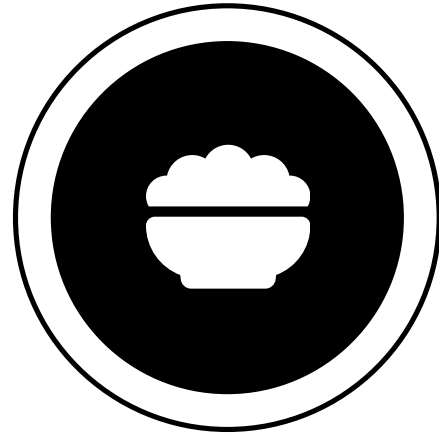


Who volunteers help and what they do



Helping people

Volunteers support elderly people, children, and people with disabilities. They may visit them, bring small gifts, or simply spend time talking and helping with everyday tasks.



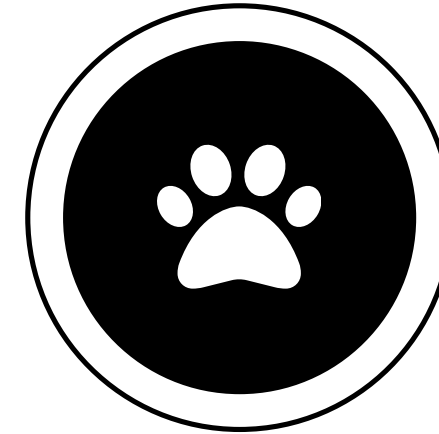
Sharing donations

Many volunteers collect food, clothes, books, and stationery for those who need support. They sort items carefully and deliver donations to charities, schools, or local help centers.



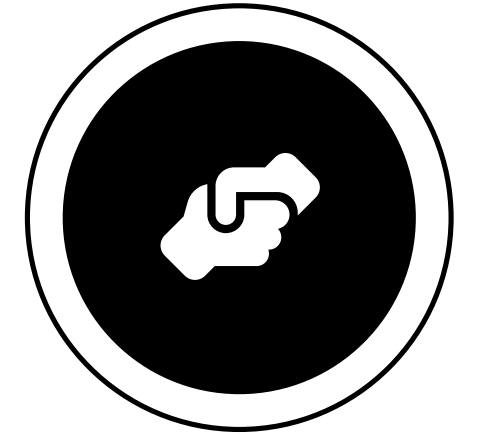
Caring for nature

Some volunteers clean parks, plant trees, and collect litter. Their work helps keep public spaces neat and safe, while also teaching respect for the environment.



Supporting animals

In animal shelters, volunteers feed pets, walk dogs, and clean cages. They help animals feel calmer and more cared for until they find a new home.



Working as a team

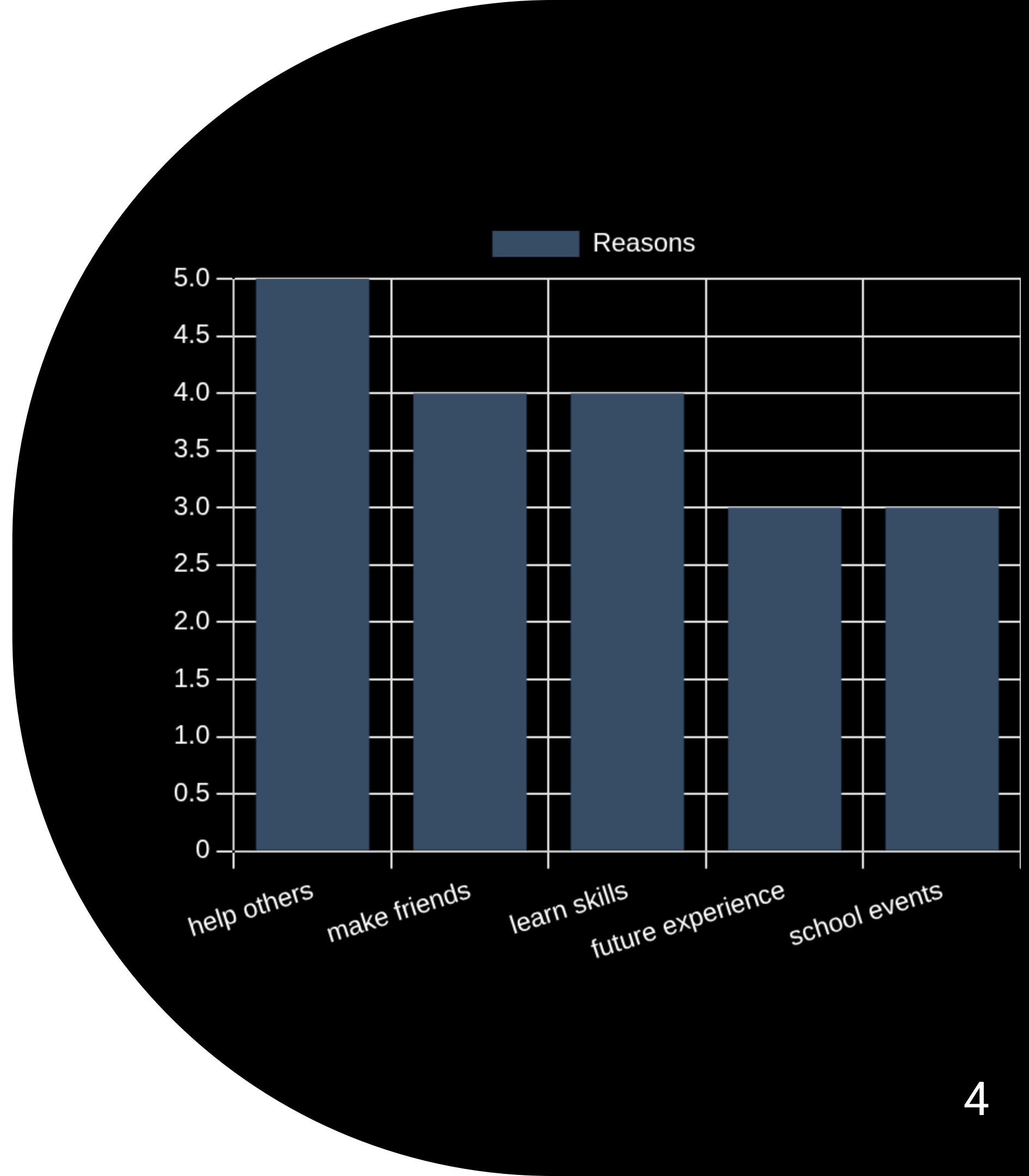
At events and in projects, volunteers work together, follow instructions, and share tasks. Useful English phrases include to collect donations, to clean up an area, and to work in a team.

Why teenagers become volunteers

Teenagers often choose volunteering because it gives them a sense of purpose and a chance to be useful.

The strongest motives are helping others and making friends, which shows that volunteering combines kindness with communication.

Учебная иллюстрация по теме урока
(обобщённые мотивы подростков)



School volunteering in real life



A helping hand in the library

After lessons, a small volunteer team helps the school library. Students sort books, arrange shelves, and cover old textbooks with care. They also make clear labels, so younger pupils can find the right section faster during class projects.



Charity day at school

On charity day, students wear simple badges or T-shirts and collect notebooks, pencils, and warm clothes for children. The classroom becomes a volunteer space, where everyone works together and understands that even small donations can be important.



Cleaning and greeting at school

Some groups clean the school yard, while others make greeting cards for elderly people or prepare items for a local charity event. These activities turn an ordinary school day into a meaningful community service experience.

Types of volunteer work: a quick comparison

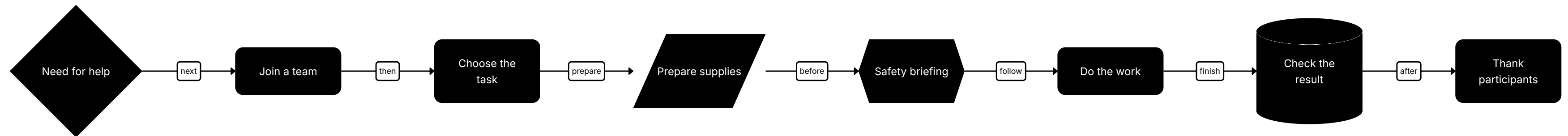
Four common types of volunteering differ in tasks, but all help the community.

Each type has its own focus, but all of them are useful and teach practical skills.

Type	Who / tasks	Where / skills
Social	elderly, children	care, empathy
Environmental	nature / clean-up	parks, teamwork
Event	guests / guiding	festivals, speaking
Animal	pets / feeding	shelters, patience

How a volunteer action is organized

Step-by-step scheme of a planned volunteer activity





5

Volunteering strengthens responsibility, teamwork, communication, punctuality, and attention to detail. These habits are useful at school, in group projects, and in everyday life.

key personal skills
grow when students
take part in
volunteer work

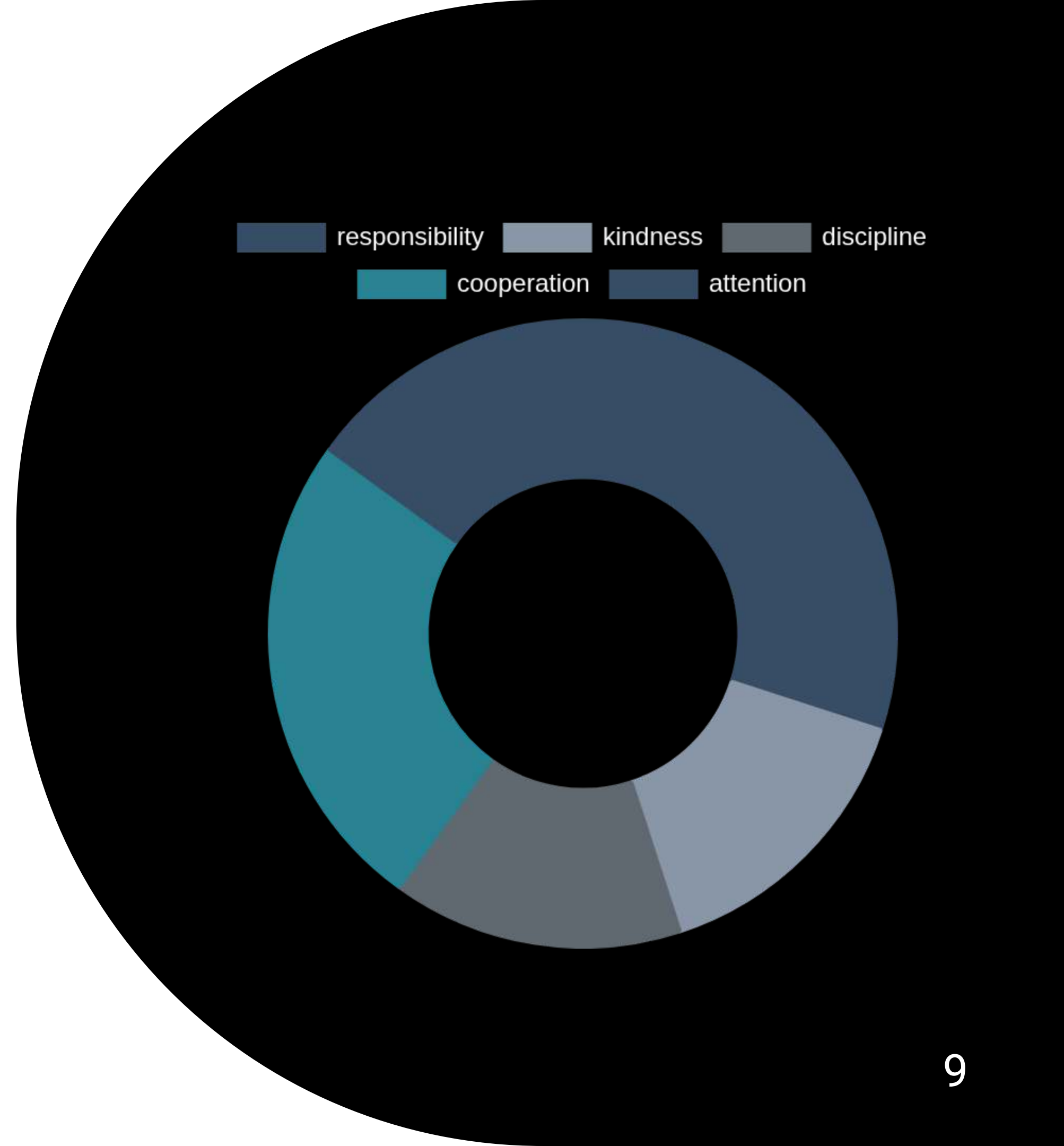
Учебная тема «Volunteer Work»

What makes a successful volunteer team

Good teams work smoothly when everyone listens, follows instructions, and respects others during the task.

Responsibility and cooperation matter most because volunteer work succeeds only when people can rely on one another.

Учебная схема по теме командной работы



Safety rules during volunteer work

01

Stay with adults

Volunteer activities should always have adult supervision. Teachers or group leaders explain the plan, answer questions, and help students stay safe during the whole event.

02

Follow the group

Volunteers should not go away alone or leave the team without permission. Staying together helps everyone react quickly and avoid confusion in busy places.

03

Handle only safe items

Do not pick up sharp, broken, or unknown objects. If something looks dangerous, ask an adult for help and wait for clear instructions before moving on.

04

Use protective items

Wear gloves when needed and keep the area clean while working. Simple protection helps students collect litter, sort materials, and protect their hands from dirt.

05

Respect the rules

Listen carefully, keep a calm voice, and follow safety rules from start to finish. These habits make the activity safe, organized, and successful for everyone.



Volunteer work and caring for nature

■ Чистота вокруг нас

Environmental volunteering starts with simple actions: picking up litter, sorting waste, and keeping schoolyards or parks tidy. Even a short clean-up makes the area safer, neater, and more pleasant for everyone.

■ Помощь деревьям и зелёным зонам

Volunteers plant trees, water young plants, and protect flowerbeds and lawns from damage. These tasks support green spaces in neighborhoods, near schools, along streets, and in public parks.

■ Экономия ресурсов

Saving water and using recycling correctly are also part of caring for nature. Such habits show responsibility and help reduce waste, pollution, and unnecessary loss of useful materials.

■ Полезная лексика

For this topic, students can use words like environment, recycling, litter, waste, trees, clean-up, and protect nature. These expressions help describe real actions clearly in English.

■ Небольшие шаги дают результат

When people repeat small eco-friendly actions regularly, the change becomes visible. Local streets, riversides, and school grounds become cleaner, and the community sees a real benefit.

A month of good deeds: example volunteer log

► This simple log shows how volunteer actions can be recorded in English. Each entry has a date, a task, a place, and a visible result.

► Volunteer work can happen many times in one month, and each action gives a clear, practical result.

date	action	place	result
03.04	pet food	shelter	safe feeding
12.04	park clean-up	park	clean paths
25.04	books and cards	school library	happy readers

Учебный пример для урока английского языка, 9 класс

Volunteers at city events

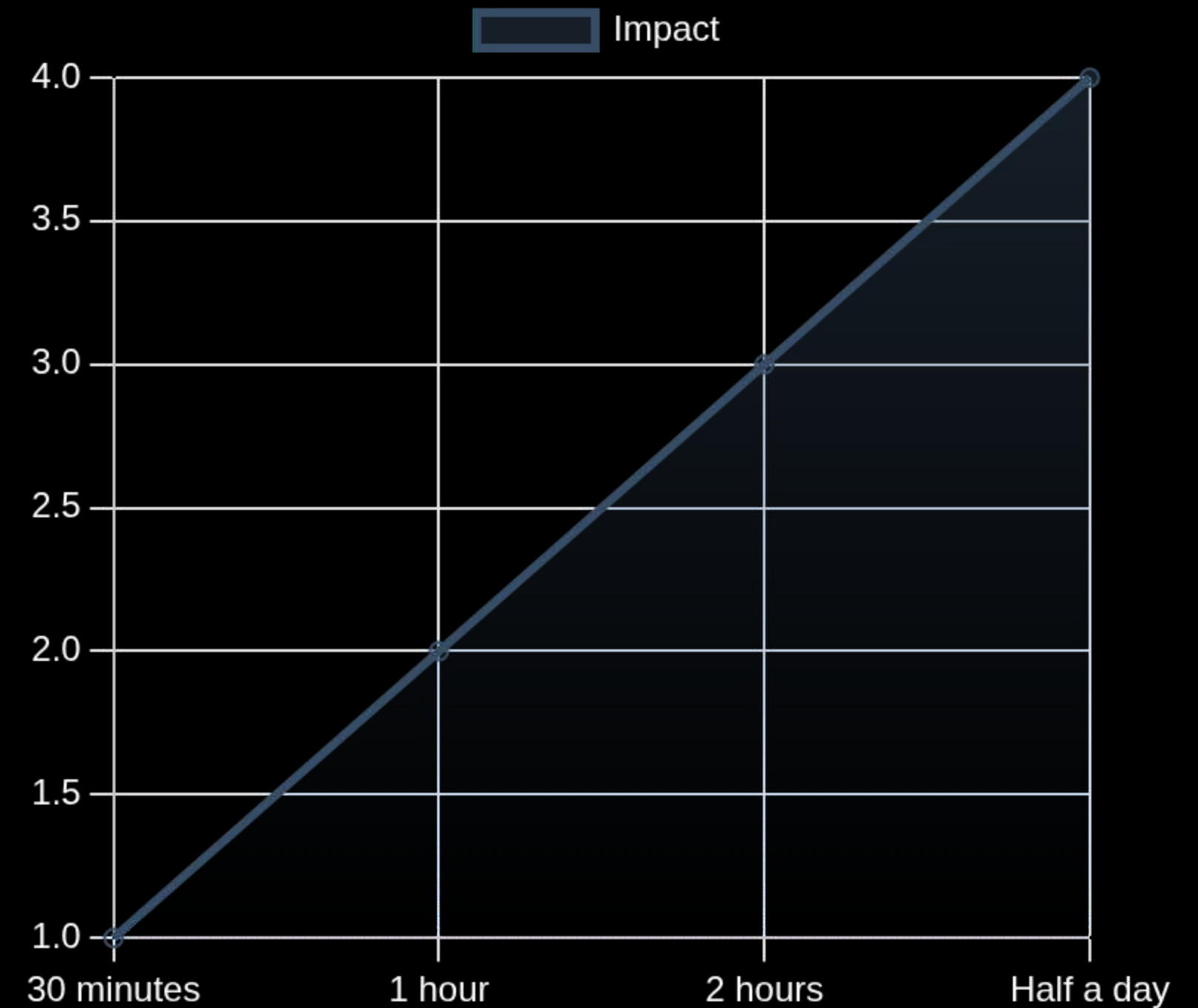


How much time volunteering can take

Short volunteer sessions are useful when they are regular and well planned. Even a small amount of time can support a school, event, or neighborhood project.

The longer the session, the greater the immediate impact, but even short help is meaningful and realistic for busy students.

Учебная схема для сравнения длительности и вклада; не является статистическим исследованием



Famous examples of volunteering



На крупных спортивных событиях

During the Sochi 2014 Winter Olympics, volunteers helped guests find places, answered questions, and supported the event schedule. Their badges and uniforms made them easy to recognize, and their work kept many small details under control.



На чемпионате мира по футболу

At the FIFA World Cup 2018 in Russia, volunteers welcomed visitors from different countries and guided them through busy stadium areas. They used polite language, stayed organized, and solved everyday problems quickly and calmly.



Не только большие турниры

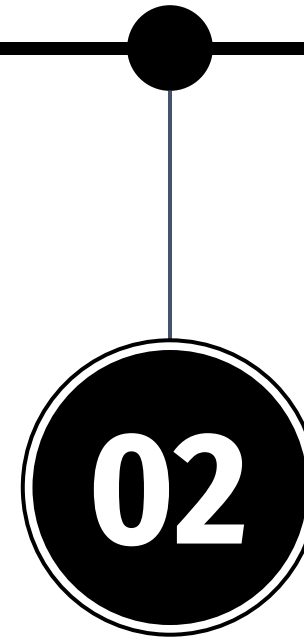
Volunteers also take part in charity campaigns, school projects, and city actions. These smaller events may not be famous, but they are important because they bring real help to people, animals, and local communities.

How to choose a volunteer role



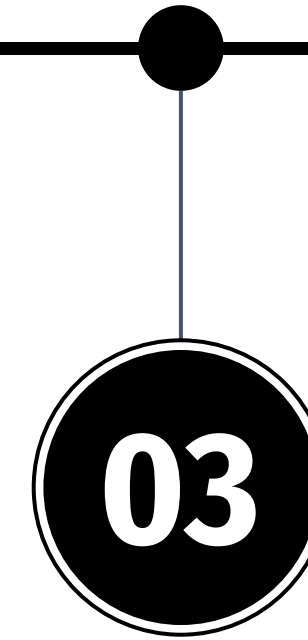
Интерес

A student first thinks about what feels meaningful: helping animals, supporting children, joining events, or protecting nature. Interest is the starting point for a role that will feel natural and useful.



Сильные стороны

Next, the student compares the task with personal strengths such as patience, energy, communication, or careful work. The best choice matches the person's abilities and makes volunteering easier to continue.



Подходящая роль

After that, the student chooses a specific direction and tries it in a school or city project. When the task fits the person, volunteering becomes more enjoyable and confidence grows.

How to start volunteering

Последовательность шагов показывает, как интерес превращается в первое реальное дело в школьном или городском проекте.

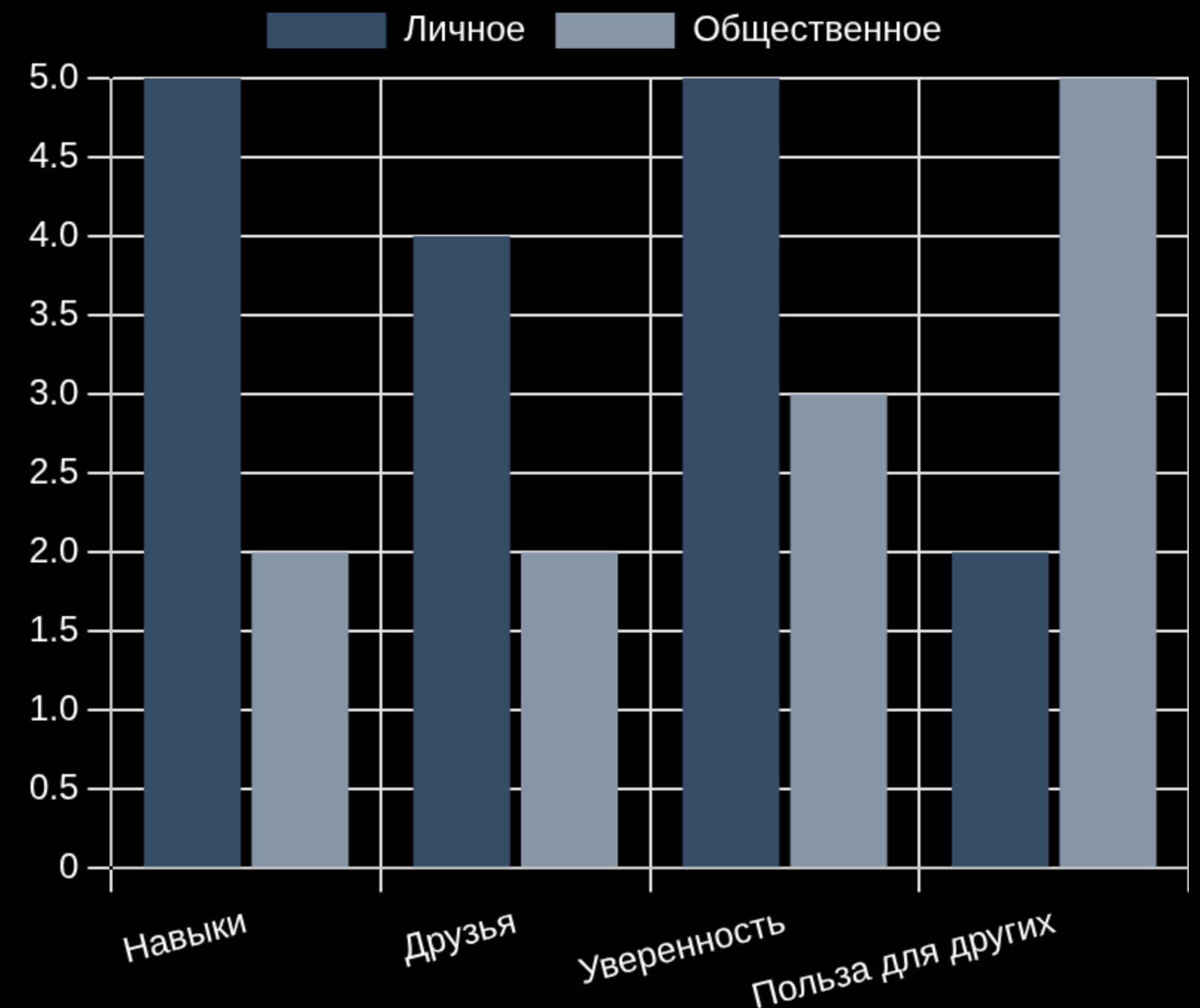


Benefits of volunteer work for the person and the community

Volunteering helps students grow while also improving everyday life around them. The same action can support both personal development and local needs.

The strongest volunteer projects create value in two directions at once: they help the community and build the volunteer's own abilities.

Учебная сравнительная схема для урока
английского языка, 9 класс



Main rules of a real volunteer

01

Добровольность

A real volunteer helps by choice, not because of pressure. The main idea is to do good, work for the community, and help without payment or rewards.

02

Честность и ответственность

A reliable volunteer keeps promises, finishes tasks on time, and treats materials carefully. These habits show responsibility and make it easier for others to trust the team.

03

Уважение к людям

Volunteers speak politely, listen carefully, and respect different opinions and needs. Kind behavior is important when working with children, older people, and other participants.

04

Следование инструкциям

Before any task, volunteers read or hear clear rules and then follow them exactly. This helps avoid mistakes, protects safety, and keeps the work organized.

05

Помощь с пользой

A good volunteer tries to be useful, calm, and attentive. Helpful English expressions include to respect others, to be responsible, and to work for the community.

Volunteer work: small actions, big results

Volunteer work shows that small actions can create real change when people work together. It helps the community, develops useful skills, and makes school and city life kinder and better.